

APPLIED SUICIDE INTERVENTION SKILLS TRAINING (ASIST)
(ATTENDANCE IS MANDATORY FOR BOTH DAYS)

DATE & TIME: May 13 & 14, 2015

8:00am-4:30pm

All registration is completed on the Learning Net prior to the training. Sign-in begins 30 minutes prior to the training start time. All participants must arrive during the sign-in period. Late arrivals will not be admitted.

PLACE: Mental Health America
506 W. Jackman Ave; Large Community Room
Lancaster, CA 93534

PARKING: Parking is Free on premises

ASIST is intended to help participants become ready, willing and able to provide suicide first aid to persons at risk of dying by suicide. During the two day workshop, participants will examine their attitudes about suicide, learn how to effectively recognize and review the risk of suicide, and develop new and/or reinforce existing intervention skills. ASIST also addresses the need to develop a network of providers who work to prevent suicide. Participants will benefit from the two-day ASIST training by gaining skills, knowledge and intervention techniques essential to working with individuals struggling with suicidal ideation.

TARGET AUDIENCE: For both clinicians and non-clinicians who may work or provide services to individuals with suicidal thoughts or behaviors.

OBJECTIVES: As a result of attending this training, participants should be able to:

1. Recognize that caregivers and persons at risk are affected by personal and societal attitudes about suicide
2. Discuss suicide with a person at risk in a direct manner
3. Identify risk alerts and develop safe plans related to them
4. Demonstrate the skills required to intervene with a person at risk of suicide
5. List the types of resources available to a person at risk of suicide, including themselves
6. Recognize that suicide prevention is broader than suicide first aid and includes life promotion and self-care for caregivers
7. Identify current suicide statistics and trends among youth in the U.S., California and Los Angeles
8. Recognize the signs and symptoms of suicidal behavior among children and youth, adults, and older adults
9. Examine myths related to mental illness and suicide
10. Identify protective factors to decrease suicide risks and to strengthen families
11. Apply basic suicide prevention skills and crisis intervention guidelines
12. Examine cultural competence in applying suicide prevention skills
13. Recognize how Suicide Intervention Model (SIM) as a tool for meeting the interventions needs of the person at risk

CONDUCTED BY: ASIST Certified Trainers

COORDINATED BY: Chandler Norton M.A. MFTI Mental Health Training Coordinator
cnorton@dmh.lacounty.gov

DEADLINE: May 12, 2015 or when capacity is reached

CONTINUING EDUCATION: 13.0 CEU hours for BBS, BRN, CAADAC
13.0 CE hours for Psychologist

COST: None

DMH Employees register at:
<http://learningnet.lacounty.gov>

Contract Providers complete
attached training application

☒ Cultural Competency ☐ Pre-licensure ☐ Law and Ethics ☐ Clinical Supervision ☐ General



County of Los Angeles – Department of Mental Health
APPLIED SUICIDE INTERVENTION SKILLS TRAINING (ASIST)
APPLICATION FORM FOR CONTRACT PROVIDERS

Please print or type

Instructions

Each applicant must also provide the last four digits of their Social Security Number to be used as a secondary form of identification. If the correct information is not provided, the Workforce Education and Training Division will not be responsible for record keeping, and **no** certificate of attendance will be issued.

This form is to be used for APPLIED SUICIDE INTERVENTION SKILLS TRAINING (ASIST).

Training Title: **APPLIED SUICIDE INTERVENTION SKILLS TRAINING (ASIST)** **Date:** **May 13 & 14, 2015**

Date: _____

Name: _____ **Last 4 digits of SSN:** _____

Job Title: _____

Legal Entity (LE) Name: _____ **LE Number:** _____

Provider Name: _____ **Provider Number:** _____

Email Address: _____

Work Address: _____

City: _____ **Zip Code:** _____

Telephone: _____ **Fax:** _____

License or Credential Number(s): _____

LCSW

MFT

RN

Psychologist

MD

Print Supervisor's Name

Supervisor's Signature

Supervisor's Approval Required (Applications will not be processed if not signed by supervisor)

MAIL or FAX Application to:

**County of Los Angeles-Department of Mental Health
Older Adult Administration
Chandler Norton, Training Coordinator
550 S. Vermont Avenue, 6th Floor
Los Angeles, CA 90020**

Phone: (213) 738-2126

Fax: (213) 351-2015

(When faxing, there is no need to use a cover sheet)